



**MINUTES OF THE FEBRUARY IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room
2215 Langhorne Road
Lynchburg, VA**

**Board
Approved
4-25-24**

February 22, 2024

PRESENT:	Sonya Baker Betty Brickhouse, <i>Chair</i> Chris Faraldi Tom Lawton Abe Loper Rob Merryman, <i>Treasurer</i> Bobby Shiflett Jim Sikkema, <i>Secretary</i> Mary Lou Spiggle Justin Stauder	City of Lynchburg City of Lynchburg City of Lynchburg Campbell County Additional Member Campbell County Amherst County Bedford County Additional Member Bedford County	In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance
ABSENT:	Gary Marple, <i>Vice-Chair</i>	Additional Member	
STAFF:	Melissa Lucy Sandy Farmer Matt Hartsook Gabriella Smith	Chief Executive Officer Executive Assistant to CEO Chief Financial Officer Director, Communications & Community Engagement	In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance
ABSENT:	None		
GUESTS:	None		

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A. INTRODUCTION

1. Call to Order/Welcome

Chair Betty Brickhouse opened the meeting at 3:30 p.m. Mrs. Brickhouse welcomed Horizon's two new Board Members, Tom Lawton, representing Campbell County and Justin Stauder, representing Bedford County, and welcomed all in attendance.

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the Agenda

MOTION: Abe Loper made a motion to approve the agenda as mailed. The motion was seconded by Sonya Baker and carried by majority vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of December 14, 2023.

MOTION: On behalf of Secretary Jim Sikkema, Sonya Baker made a motion to approve the board minutes as mailed. The motion was seconded by Mary Lou Spiggle and carried by majority vote. Tom Lawton and Justin Stauder abstained.

D. DEPARTMENT PRESENTATION – Communications & Community Engagement

Melissa introduced Gabriella Smith, Horizon's Director of Communications and Community Engagement, who presented a PowerPoint review of her department. Chair Betty Brickhouse thanked Gabriella for her informative presentation.

E. COMMITTEE REPORT – Executive Committee

Executive Committee Chair, Betty Brickhouse asked Sandy Farmer to review the motion from this committee.

MOTION: Committee Chair, Betty Brickhouse made a motion on behalf of the Executive Committee to the full board to approve the Horizon Behavioral Health Board Policies and Procedures as mailed. The motion was approved by unanimous vote.

F. CHAIRMAN'S ITEMS

On behalf of Betty Brickhouse, Sandy Farmer reviewed the 2024 Committee Assignments located in each member's board packet.

G. CEO ITEMS

Enter into Closed Session – Lease or Acquisition of Real Property

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

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MOTION: Mary Lou Spiggle made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Abe Loper and carried by roll call vote as follows:

Sonya Baker - aye	Rob Merryman - aye
Betty Brickhouse - aye	Bobby Shiflett - aye
Chris Faraldi - aye	Jim Sikkema - aye
Tom Lawton - aye	Mary Lou Spiggle - aye
Abe Loper - aye	Justin Stauder - aye

We are now in closed session.

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Rob Merryman made a motion to exit out of the Closed Meeting. The motion was seconded by Sonya Baker and carried by roll call vote as follows:

Sonya Baker - aye	Rob Merryman - aye
Betty Brickhouse - aye	Bobby Shiflett - aye
Chris Faraldi - aye	Jim Sikkema - aye
Tom Lawton - aye	Mary Lou Spiggle - aye
Abe Loper - aye	Justin Stauder - aye

No recommendation at this time.

CEO Additional Items:

- **FY24 – Strategic Plan Updates** – Melissa reported that the FY24 1st and 2nd quarter updates (July through December 2023) have been met for both quarters and we are right on target for the 3rd and 4th quarter completions.
- **Veteran’s Promotional Campaign** - Horizon was awarded \$16k in regional funding to promote veterans' mental health and awareness of treatment options in Horizon's catchment area. Horizon will be using the funding to develop a promotional campaign that highlights the voices and experiences of veterans in Central Virginia to reduce stigma surrounding mental health, substance use disorders, and encourage their comrades to seek help when it is needed. The campaign is slated to go live in May 2024, during National Military Appreciation Month.
- **Horizon Behavioral Health 55th Anniversary** - The flyer for the Horizon 55th Anniversary Trainings and Reception is located in the last tab of your board packets behind the HBH 55th Anniversary tab. We encourage you to attend if you are able. Please RSVP to Sandy of your attendance.

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H. FINANCIAL REPORT

Matt Hartsook reviewed the January 2024 Statement of Revenue and Expenditures Monthly Report.

I. NOTICES AND REMINDERS

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, April 25, 2024 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

The Finance Committee is scheduled to meet prior to the April board meeting to conduct the Annual Review of the Budget Proposal. **Members** are: Rob Merryman-Chair, Abe Loper, Betty Brickhouse, Gary Marple, Bobby Shiflett and Jim Sikkema.

Chris Faraldi left at 4:25 p.m.

J. ADJOURNMENT

MOTION: Betty Brickhouse made a motion to adjourn. The motion was seconded by Abe Loper and carried by majority vote.

The meeting was adjourned at 4:31 p.m.

The above minutes were approved at the meeting held on April 25, 2024.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP

Respectfully submitted for Jim Sikkema, Secretary

By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary of the Board of Directors