



**MINUTES OF THE FEBRUARY VIRTUAL AND IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room (In-Person)
2215 Langhorne Road
Lynchburg, VA**

Board Approved 4-22-21

February 25, 2021

- | | | | |
|-----------------|--|-------------------|----------------------|
| PRESENT: | Sonya Baker | City of Lynchburg | Virtual attendance |
| | Betty Brickhouse, <i>Secretary</i> | City of Lynchburg | Virtual Attendance |
| | Chris Faraldi | City of Lynchburg | Virtual Attendance |
| | Gary Marple, <i>Treasurer</i> | Additional Member | Virtual Attendance |
| | Rob Merryman, <i>Vice Chair</i> | Campbell County | In-Person Attendance |
| | William Scott | Campbell County | Virtual Attendance |
| | Jim Sikkema | Bedford County | Virtual Attendance |
| | Mary Lou Spiggle, <i>Chair</i> | Appomattox County | In-Person Attendance |
| | Betty Wise | Amherst County | Virtual Attendance |
| ABSENT: | Andy Crawford | Bedford County | |
| | Susan Hogg | Campbell County | |
| | Abe Loper | Additional Member | |
| STAFF: | Damien Cabezas, <i>Chief Executive Officer</i> | | Virtual Attendance |
| | Sandy Farmer, <i>Executive Assistant to the CEO</i> | | In-Person Attendance |
| | Melvin Pribble, <i>Horizon Network Administrator</i> | | In-Person Attendance |
| | Allen Wolfenbarger, <i>CFO</i> | | Virtual Attendance |
| GUESTS: | Jennifer Faison, <i>Executive Director, VACSB</i> | | Virtual Attendance |

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A. INTRODUCTION

1. Call to Order/Welcome

Mary Lou Spiggle opened the meeting at 3:30 p.m. Ms. Spiggle welcomed all in attendance.

Sandy Farmer conducted a roll call vote for attendance:

Sonya Baker - aye	William Scott - aye
Betty Brickhouse - aye	Jim Sikkema - aye
Chris Faraldi - aye	Mary Lou Spiggle - aye
Gary Marple - aye	Betty Wise - aye
Rob Merryman - aye	

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the Agenda

MOTION: Betty Brickhouse made a motion to approve the agenda as mailed. The motion was seconded by William Scott and carried by roll call vote as follows:

Sonya Baker - aye	William Scott - aye
Betty Brickhouse - aye	Jim Sikkema - aye
Chris Faraldi - aye	Mary Lou Spiggle - aye
Gary Marple - aye	Betty Wise - aye
Rob Merryman - aye	

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of December 10, 2020.

MOTION: Secretary Betty Brickhouse made a motion to approve the board minutes as mailed. The motion was carried by roll call vote as follows:

Sonya Baker - aye	William Scott - aye
Betty Brickhouse - aye	Jim Sikkema - aye
Chris Faraldi - aye	Mary Lou Spiggle - aye
Gary Marple - aye	Betty Wise - aye
Rob Merryman - aye	

D. ANNUAL BOARD TRAINING

Damien introduced Jennifer Faison, Executive Director of the Virginia Association of Community Services Boards (VACSB). Ms. Faison gave a brief overview of the recent Virginia Legislative and General Assembly sessions and reviewed two documents: *Bills the VACSB is Tracking During the 2021 Regular Session & 2021 Special Session and the Senate and House 2021 Amendments*. Ms. Faison invited board members to visit the

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VACSB.org website for weekly legislative updates. She also gave a brief update on the proposed Statewide Call Center. Board chair Mary Lou Spiggle thanked Ms. Faison for her informative presentation.

E. COMMITTEE REPORT – Executive Committee

On behalf of Executive Committee chair Mary Lou Spiggle, asked Sandy Farmer to give the following update:

Annual Review of the Board Policies and Procedures - Sandy reviewed the four proposed changes of the Board Policies and Procedures.

MOTION: Mary Lou Spiggle made a motion on behalf of the Executive Committee to recommend approval of the revised Board Policies and Procedures as submitted. The motion was carried by the following roll call vote:

Sonya Baker - aye	William Scott - aye
Betty Brickhouse - aye	Jim Sikkema - aye
Chris Faraldi - aye	Mary Lou Spiggle - aye
Gary Marple - aye	Betty Wise - aye
Rob Merryman - aye	

F. CHAIRMAN’S ITEM

Mary Lou Spiggle stated that Sandy will email the Updated 2021 Board Committee Assignments to all members after this meeting.

G. CEO REPORT

Damien gave a brief Horizon organizational update on the following items:

- COVID Vaccinations for Horizon Team Members
 - Currently 53% of Horizon staff have received the vaccine. Leadership continues to encourage and educate the remaining staff to get the vaccine and we hope the numbers will increase. Vaccinations are not mandated.
 - Clients at all ICF’s and Woman’s Residential Programs have all elected to receive the vaccine except for one client.
 - Talent Management is putting together a list of staff that have changed their mind and have now elected to receive the vaccine. Should any board member want to receive the vaccine please contact Sandy or Damien and you will be contacted to schedule an appointment.
- Residential Crisis Stabilization

This program was suspended due to the COVID pandemic. We are in discussions to reinstate this program and hope to get the cooperation from The Department of Behavioral Health and Developmental Services (DBHDS). There has been a substantial rate increase for this program.

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- Strategic Plan – The 2020 board approved plan ended in December 2020. Damien suggested waiting until January 2022 to begin a new strategic plan due to so many unknowns concerning telehealth. All board members agreed.
- Pilot – Damien has been part of a Lynchburg community discussion concerning children under 5 years of age with severe mental illness and depression. Horizon currently provides this service in Campbell County and is looking at possibly doing a pilot in September at the Carl B. Hutcherson School in Lynchburg.
- Horizon’s Financial Trends – Damien shared two slides, *Horizon’s Debt to Equity* and *Horizon’s Accounts Receivable Trends*. He noted that the Horizon finance, billing and reimbursement teams are doing a great job.

H. FINANCIAL REPORT

Allen reviewed the January 2021 Statement of Revenue and Expenditures Monthly Report.

I. NOTICES AND REMINDERS

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, April 22, 2021 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held virtually and in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

The Finance Committee is scheduled to meet prior to the board meeting to conduct the annual budget review.

J. OTHER BUSINESS

Rob Merryman asked for an update on the Hudson House program. Damien reported that the Psychosocial Rehabilitation Program at Hudson House was closed because it was not included in the Behavioral Health Redesign. Horizon’s Physical Plants & Facilities team is now occupying that vacated space. Horizon was leasing a space in Lynchburg and moving to the vacated building saved 24K per year. Most of the former Hudson House clients are now receiving services through Horizon PACT.

K. ADJOURNMENT

MOTION: Gary Marple made a motion to adjourn. The motion was seconded by Rob Merryman and carried by roll call vote as follows:

<i>Sonya Baker - aye</i>	<i>William Scott - aye</i>
<i>Betty Brickhouse - aye</i>	<i>Jim Sikkema - aye</i>
<i>Chris Faraldi - aye</i>	<i>Mary Lou Spiggle - aye</i>
<i>Gary Marple - aye</i>	<i>Betty Wise - aye</i>
<i>Rob Merryman - aye</i>	

The meeting was adjourned at 4:41 p.m.

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Above minutes were approved at the meeting held on April 22, 2021.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP

Respectfully submitted for Betty Brickhouse, Secretary

*By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary of
the Board of Directors*