



**MINUTES OF THE JULY IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room
2215 Langhorne Road
Lynchburg, VA**

Board Approved 9-28-23

July 27, 2023

PRESENT:	Sonya Baker	City of Lynchburg	In-Person Attendance
	Betty Brickhouse, <i>Chair</i>	City of Lynchburg	In-Person Attendance
	Justin Carwile	Campbell County	In-Person Attendance
	Chris Faraldi	City of Lynchburg	In-Person Attendance
	Andy Crawford, <i>Secretary</i>	Bedford County	In-Person Attendance
	Abe Loper	Additional Member	In-Person Attendance
	Gary Marple	Additional Member	In-Person Attendance
	Rob Merryman, <i>Treasurer</i>	Campbell County	In-Person Attendance
	Bobby Shiflett	Amherst County	In-Person Attendance
	Jim Sikkema, <i>Vice Chair</i>	Bedford County	In-Person Attendance
ABSENT:	Mary Lou Spiggle	Additional Member	
STAFF:	Melissa Lucy	<i>Chief Executive Officer</i>	In-Person Attendance
	Sandy Farmer	<i>Executive Assistant to CEO</i>	In-Person Attendance
	Matt Hartsook	<i>Chief Financial Officer</i>	In-Person Attendance
ABSENT:	None		
GUESTS:	None		

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A. INTRODUCTION

1. Call to Order/Welcome
Chair Betty Brickhouse opened the meeting at 3:30 p.m. and welcomed all in attendance.
2. Moment of Silence
A moment of silence was observed.
3. Adoption of the Agenda
MOTION: Sonya Baker made a motion to approve the agenda as mailed. The motion was seconded by Andy Crawford and carried by majority vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of June 22, 2023.

MOTION: On behalf of Secretary Andy Crawford, Rob Merryman made a motion to approve the board minutes as mailed. The motion was seconded by Bobby Shiflett and carried by majority vote.

D. COMMITTEE REPORT – Executive Committee

Committee Chair, Betty Brickhouse asked Melissa to leave the room at this time.

Enter into Closed Session – Personnel Matter

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.

MOTION: Abe Loper made a motion to enter into a Closed Meeting in order to discuss a personnel matter. The motion was seconded by Rob Merryman and carried by roll call vote as follows:

Sonya Baker – aye	Abe Loper – aye
Betty Brickhouse – aye	Gary Marple – aye
Justin Carwile – aye	Rob Merryman – aye
Andy Crawford – aye	Bobby Shiflett – aye
Chris Faraldi - aye	Jim Sikkema – aye

After the board members’ discussion Melissa Lucy was asked to return to the closed meeting.

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public

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business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Abe Loper made a motion to exit out of the Closed Meeting. The motion was seconded by Rob Merryman and carried by roll call vote as follows:

Sonya Baker – aye	Abe Loper – aye
Betty Brickhouse – aye	Gary Marple – aye
Justin Carwile – aye	Rob Merryman – aye
Andy Crawford – aye	Bobby Shiflett – aye
Chris Faraldi - aye	Jim Sikkema – aye

MOTION: Betty Brickhouse made a motion on behalf of the Executive Committee to recommend to the full board approval of an increase, effective July 30, 2023, in compliance with the CEO’s contract for achieving an “Exceeds Expectations” rating in her performance appraisal for the period of July 1, 2022 to June 30, 2023. A new contract will be effective July 1, 2023 through June 30, 2024 to coincide with the next performance evaluation period. The motion was seconded by Sonya Baker and carried by roll call vote as follows:

Sonya Baker – aye	Abe Loper – aye
Betty Brickhouse – aye	Gary Marple – aye
Justin Carwile – aye	Rob Merryman – aye
Andy Crawford – aye	Bobby Shiflett – aye
Chris Faraldi - aye	Jim Sikkema – aye

Motion approved.

E. CHAIRMAN’S ITEMS

Board Chair, Betty Brickhouse thanked all board members for their 100% participation in the CEO Evaluation process and she thanked Melissa Lucy for her leadership.

F. CEO ITEMS

Enter into Closed Session – Lease or Acquisition of Real Property

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

MOTION: Andy Crawford made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Abe Loper and carried by roll call vote as follows:

Sonya Baker – aye	Abe Loper – aye
Betty Brickhouse – aye	Gary Marple – aye
Justin Carwile – aye	Rob Merryman – aye
Andy Crawford – aye	Bobby Shiflett – aye
Chris Faraldi - aye	Jim Sikkema – aye

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Exit out of Closed Session

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MOTION: Abe Loper made a motion to exit out of the Closed Meeting. The motion was seconded by Justin Carwile and carried by roll call vote as follows:

Sonya Baker – aye	Abe Loper – aye
Betty Brickhouse – aye	Gary Marple – aye
Justin Carwile – aye	Rob Merryman – aye
Andy Crawford – aye	Bobby Shiflett –aye
Chris Faraldi - aye	Jim Sikkema – aye

No recommendation at this time.

Enter into Closed Session – Personnel Matter

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.

MOTION: Sonya Baker made a motion to enter into a Closed Meeting in order to discuss a personnel matter. The motion was seconded by Rob Merryman and carried by roll call vote as follows:

Sonya Baker – aye	Abe Loper – aye
Betty Brickhouse – aye	Gary Marple – aye
Justin Carwile – aye	Rob Merryman – aye
Andy Crawford – aye	Bobby Shiflett –aye
Chris Faraldi - aye	Jim Sikkema – aye

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Sonya Baker – aye	Abe Loper – aye
Betty Brickhouse – aye	Gary Marple – aye
Justin Carwile – aye	Rob Merryman – aye
Andy Crawford – aye	Bobby Shiflett –aye
Chris Faraldi - aye	Jim Sikkema – aye

No recommendation at this time.

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CEO items continued:

-Team Spotlight – This month we have celebrated the Team Spotlight for the Mental Health & Substance Abuse, Therapists & Peers and the Admissions Clinical Teams. Due to the large number of staff in these departments we spread the Team Spotlights out over three days – July 24th, 25th and 26th. We will have pictures for you in the September board packets.

-Horizon 2023 Best Places to Work – At your places you will find a copy of the Lynchburg Business Magazine honoring Horizon as one of the 2023 Best Places to Work marked on pages 32 & 33, enjoy.

G. FINANCIAL REPORT

Matt Hartsook reviewed the June 2023 Statement of Revenue and Expenditures Monthly Report.

Melissa noted that Horizon has not heard about the 12.5%, and she is waiting for the general assembly budget to come out in July, there have been questions about other services that should be included in the 12.5%. Melissa is hopeful that they will approve it again. Horizon did not include this amount in the FY24 budget this year, hopefully we will have further information to report to you at the next board meeting.

H. NOTICES AND REMINDERS

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, September 28, 2023 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

The Risk Management Committee is scheduled to meet prior to the September board meeting. Members are: Andy Crawford-Chair, Sonya Baker, Justin Carwile, Chris Faraldi, Rob Merryman, Betty Brickhouse.

Betty asked all members to participate in a presentation and a picture with our CEO, Melissa Lucy, accepting, on behalf of Horizon Behavioral Health, a plaque for the 2023 Best Places to Work award.

I. ADJOURNMENT

MOTION: Gary Marple made a motion to adjourn. The motion was seconded by Rob Merryman and carried by majority vote.

The meeting was adjourned at 4:25 p.m.

The above minutes were approved at the meeting held on September 28, 2023.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP

Respectfully submitted for Andy Crawford, Secretary

By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary of the Board of Directors

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