



**MINUTES OF THE OCTOBER MEETING OF THE  
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Board  
Approved  
12-8-16**

**Horizon Behavioral Health  
Fagan Building  
2241 Langhorne Road  
Lynchburg, VA**

**October 27, 2016**

- PRESENT:** Betty Brickhouse City of Lynchburg  
Clyde Clark, Vice-Chair City of Lynchburg  
Dana Koenig Additional Member  
Abe Loper Additional Member  
Gary Marple Additional Member  
Rob Merryman, *Secretary* Campbell County  
John Rice Consumer Member  
William Scott Campbell County  
Jim Sikkema, *Chair* Bedford County  
Mary Lou Spiggle, Appomattox County  
Trenay Tweedy City of Lynchburg  
Wise, Betty Amherst County
- ABSENT:** James Borland, *Treasurer* Campbell County  
Terrie Conrad Appomattox County  
Andy Crawford Bedford County
- STAFF:** Damien Cabezas, *Chief Executive Officer*  
Sandy Bryant, *Chief Clinical Officer*  
Rosa DiManto, *Director of Reimbursement*  
Sandy Farmer, *Executive Assistant*  
Andre McDaniel, *Chief Operating Officer*  
Theresa McCaskill, *Director of Talent Management*  
David Walston, *Senior Financial Analyst*
- GUESTS:** Norman Yoder, *Brown, Edwards and Company, LLP*  
Susan Chapman, *Brown, Edwards and Company, LLP*  
Melissa Stanley, *Brown, Edwards and Company, LLP*  
Kim, *Brown, Edwards and Company, LLP*



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**A. INTRODUCTION**

1. Call to Order/Welcome  
Jim Sikkema opened the meeting at 3:30 p.m.
2. Moment of Silence  
A moment of silence was observed.
3. Adoption of the Agenda

**MOTION: Rob Merryman made a motion to approve the agenda as mailed. The motion was seconded by Treney Tweedy and carried by unanimous vote.**

**B. PUBLIC COMMENT**

There was none.

**C. MINUTES**

Consideration of the Board Minutes of September 22, 2016.

**MOTION: John Rice made a motion to approve the minutes as mailed. The motion was seconded by William Scott and carried by majority vote.**

**D. COMMITTEE REPORTS**

1. Finance Committee – due to the lack of a quorum this committee had no report.
2. Auditors Report

Norman Yoder and Susan Chapman, auditors from Brown Edwards, LLP gave an overview of the Audit Report Draft handout. They reported no material findings, no issue of non-compliance and a high level of integrity on this audit. Norman thanked Damien and his team for an overall clean audit.



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**E. CHAIRMAN'S ITEMS**

Mr. Sikkema reported that Betty Wise and John Rice have been appointed to the Risk Management Committee.

**F. CEO REPORT**

Damien reported that September and October were very good months for Horizon. The Bocce Tournament fundraiser was well attended and was a great success and the Horizon Executive Leadership Team came in second place in the tourney. He thanked Clyde Clark, Jim Sikkema and Gary Marple and his team for their support and participation in this event. Damien also thanked Rob Merryman and William Scott for their attendance and support at his recent presentation at the Campbell County Board of Supervisors meeting.

CEO Dashboard – Damien gave a brief update from the Dashboard showing a high quality of service with quality outcomes. He plans to present more data to this board at future meetings.

Substance Abuse Expansion – Damien reported that the Commonwealth of Virginia is expanding substance abuse services March or April 2017 and Horizon is currently meeting to expand substance abuse services, peer services and detox. We want to build a continuum of care step down program when our clients leave that program to give them more structure, for example leaving detox – moving to detox residential services and then send them ready to return out in the community. He reported that Lynchburg has been an approved site for a Drug Court.

Therapeutic Day Treatment (TDT) – Horizon will begin TDT in Bedford at Forest Elementary. Campbell County is exploring TDT to non-mandated students

Continuous Quality Improvement (CQI) - continues to transition from the fee-for-service model for services and focus on a value-based model. This will guide us on what impact are we making with our consumers.

Facilities – Horizon Opportunities, Inc. purchased the Langhorne Road facility and we are continuing to centralize programs for better access for our consumers. Our maintenance team is completing construction in several areas and we will have a ribbon-cutting ceremony in January or February 2017.



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Fee Schedule – Damien explained that at our last board meeting he talked about revising our fee schedule and collection procedures. We want to be more assertive about collections. We need to ask for payment up front for the service. However if a client has no resources we may use unrestricted funds. There may be angry consumers, for years we have not been diligent in our fee collections but we are committed to work with our consumers with payment plans if they don't have the ability to pay. The consumer will also be offered an option of attending one of our many group sessions. Horizon will continue to provide needed services for our consumers.

Damien thanked all board members for their continued support.

Budget – Andre reported that the Revenue and Expenses bottom line showed *Revenue* under \$12M, 11% below budget and *Expenses* showed a deficit of \$100K which is 10% below budget.

**G. NOTICES AND REMINDERS**

There is no meeting scheduled for the month of November. The next scheduled board meeting is **Thursday, December 8, 2016** from 3:30 p.m. until 4:30 p.m. The meeting will be held at the Fagan Building, Fagan Board Room, 2241 Langhorne Road, Lynchburg.

In December there will also be a Nominating, Bylaws and Board Development Committee meeting scheduled from 2:30 p.m. until 3:30 p.m.

**H. OTHER BUSINESS**

*There was none.*

**I. ADJOURNMENT**

***MOTION: Gary Marple made a motion to adjourn. The motion was seconded by Treney Tweedy and carried by unanimous vote. The meeting was adjourned at 4:33 p.m.***

Above minutes were approved at the meeting held on December 8, 2016.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP.

Respectfully submitted for Rob Merryman, Secretary

By Sandy Farmer CAP-OM, CP *Executive Assistant & Recording Secretary of the Board of Directors*