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## HORIZON TO OPEN RECOVERY RESIDENCE FOR WOMEN ON MAY 1 Residence to provide essential element to a successful recovery

**Lynchburg, VA** – Horizon Behavioral Health will open a new recovery residence that will enhance the continuum of care for substance use disorders in Central Virginia. In response to the statewide effort to address the opioid epidemic, Horizon doubled its bed capacity in the detoxification and crisis stabilization programs in April and, on May 1, 2017, will open a licensed residential treatment facility for women with co-occurring disorders of mental illness and substance use.

Horizon's Recovery Residence is a new six-bed residence in Lynchburg that will provide stable housing and continued treatment for consumers referred from other providers or community service boards throughout the Commonwealth or discharged from Horizon's medically supervised detoxification program. Damien Cabezas, CEO of Horizon, commented that, "by providing evidenced based treatment and stable housing we feel we will see decreases in emergency room visits, hospitalizations, rearrests, incarceration and homelessness. Providing a safe and more structured environment will eliminate a major barrier to successfully completing treatment."

While women stay in this home, they will have 24/7 support in a structured but relaxed home environment. It will be a safe, comfortable, therapeutic environment where they learn life skills, volunteer in the community, and take guided steps toward full independence. They will also be provided with transportation to and from treatment at a Horizon Behavioral Health Wellness Center.

To access services, please contact Admissions at 434-477-5000 (8:30 a.m. to 5:00 p.m.) or 434-522-8191 (after hours emergency).

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**Horizon Behavioral Health** has been the primary public behavioral healthcare provider in the Region 2000 area for more than 47 years. In the last year, Horizon provided services to approximately 16,000 adults and children, addressing problems with mental health, substance use and intellectual disabilities. Horizon is accredited by CARF International. This represents the highest level of accreditation that can be given to a behavioral health organization.



