



Today's Date: Tuesday, February 21, 2023

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## **Horizon promotes local Youth Summit, organized by CHAP**

**Lynchburg, VA** – Horizon Behavioral Health is proud to sponsor the ‘Taking the Lead’ Youth Summit taking place on Saturday, March 4<sup>th</sup> at the Jubilee Family Development Center from 10:00am to 2:30pm. Hosted by the Coalition for HIV Awareness and Prevention (CHAP) of Central Virginia, this event is brought to the community for free in an effort to educate and empower youth, ages 11-19, as well as their parents or guardians on the importance of staying drug-free and how to “boss up” on your mental health. The Summit will include key information on social media safety, youth culture and substance use, and goal setting. In addition, a ‘Parent’s Corner’ session will be available for parents and guardians.

Chairman of the Coalition for HIV Awareness and Prevention (CHAP) of Central Virginia, Debra Jefferson, says the Youth Summit has been a wonderful opportunity for community organizations to partner, with over 17 partnering or sponsoring organizations involved. She says “CHAP is proud to provide this free opportunity in Central Virginia, to spread awareness, mental health education and addiction prevention, as well as address other major challenges we know our youth face. We also want to remind our local youth and parents that they are enough and it’s their time to shine!”

[Early registration](#) for the event is open and participants can also register on the day of the event from 9:00am to 9:45am. Gift cards and other prize giveaways will be distributed at the event.

The Coalition for HIV Awareness and Prevention (CHAP) is a local nonprofit organization that educates the community about HIV/AIDS, coordinates services for people with HIV/AIDS as well as their families and supports Central Virginia’s efforts to prevent and treat HIV/AIDS.

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*Horizon Behavioral Health has been the primary public behavioral healthcare provider in the Region 2000 area for more than 53 years. In the last year, Horizon provided services to approximately 12,000 adults and children, addressing problems with mental health, substance use and intellectual disabilities. Horizon is accredited by CARF International. This represents the highest level of accreditation that can be given to a behavioral health organization.*