



**MINUTES OF THE SEPTEMBER MEETING OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
People, Pride & Promise Executive Conference Room
2215 Langhorne, Upper Level
Lynchburg, VA**

**Board
Approved
10-26-17**

September 28, 2017

- PRESENT:** James Borland, *Treasurer* Campbell County
Andy Crawford Bedford County
Dana Koenig Additional Member
Gary Marple Additional Member
Rob Merryman, *Secretary* Campbell County
William Scott Campbell County
Jim Sikkema, *Chair* Bedford County
Mary Lou Spiggle Appomattox County
Treyney Tweedy City of Lynchburg
Betty Wise Amherst County
- ABSENT:** Betty Brickhouse City of Lynchburg
Clyde Clark, *Vice-Chair* City of Lynchburg
Terrie Conrad Appomattox County
Abe Loper Additional Member
John Rice Consumer Member
- STAFF:** Damien Cabezas, *Chief Executive Officer*
Lauren Connors, *Manager of Communications & Community Engagement*
Sandy Farmer, *Executive Assistant*
Andre McDaniel, *COO*
- GUESTS:** Regina Fitzgerald, *Horizon Recovery House Manager*
Sherese Gore, *Reporter, News & Advance*
"Paulene", *Guest Speaker*
Laura Winston, *Public Comment Speaker*



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A. INTRODUCTION

1. Call to Order/Welcome

Jim Sikkema opened the meeting at 3:34 p.m. and welcomed all in attendance.

2. Moment of Silence
A moment of silence was observed.
3. Adoption of the Agenda

MOTION: Gary Marple made a motion to approve the agenda as mailed. The motion was seconded by Mary Lou Spiggle and carried by unanimous vote.

B. PUBLIC COMMENT

Mrs. Winston expressed her appreciation to Horizon and the case manager that worked with her grandson prior to aging out of his program. She asked for help getting continued services for her grandson at Horizon. Jim Sikkema thanked her on behalf of the entire Board of Directors for her willingness to share her concerns.

C. MINUTES

Consideration of the Board Minutes of July 27, 2017

MOTION: Gary Marple made a motion to approve the board minutes as mailed. The motion was seconded by Betty Wise and was carried by majority vote.

Consideration of the Executive Committee Minutes of July 27, 2017

MOTION: Gary Marple made a motion to approve the executive committee minutes as mailed. The motion was seconded by Treney Tweedy and was carried by majority vote.



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D. CHAIRMAN'S ITEM

Jim Sikkema update the Board members on a motion from the Membership, Bylaws and Board Development Committee during their meeting earlier today. Typically each jurisdiction appoints two members to the Horizon Board, however, it was agreed that census in each jurisdiction will be the consideration in deciding representation. For example, due to the highest census levels in the City of Lynchburg there will be three members and Appomattox County currently having the lowest census levels will appoint one member. Amherst County, due to their census levels, will add an additional member. The Membership, Bylaws and Board Development Committee has voted unanimously to revise our current Bylaws to reflect this change and this will be voted on by the full Board in December.

E. COMMITTEE REPORT

MOTION: Mary Lou Spiggle made a motion on behalf of the Membership, Bylaws and Board Development Committee, to recommend to the full board approval of the following slate of officers for the 2018 one year term, beginning January 1, 2018. All of the nominees agreed to serve:

Chair – Clyde Clark

Vice Chair – Rob Merryman

Treasurer – Gary Marple

Secretary – William Scott

The motion was approved by unanimous vote.

F. CEO REPORT

1. Client Success Story - "Paulene" presented her testimony and expressed her gratitude for all Horizon has done for her throughout her recovery. She also thanked Regina Fitzgerald, Horizon Recovery House Manager for her guidance and support throughout her journey. Jim Sikkema thanked "Paulene" on behalf of the entire Board of Directors for her willingness to share her story.
2. Dashboard Presentation - Damien reviewed the Horizon Organizational Dashboard for the month of August 2017 showing significant improvement in most areas and updated the board on all of the good things going on in Horizon's Portfolio of Services.



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- Horizon has a commitment from the Department of Behavioral Health and Developmental Services (DBHDS) to find a new ICF in Lynchburg. Damien is scheduled to meet with them again the middle of October for further discussions.
 - Blue Ridge Medical Center (BRMC) will begin services in our Amherst facility November 1st.
 - Johnson Health Center is scheduled to begin providing primary care at our Horizon Wellness Center at Court Street December 1st.
 - Horizon received a 3-year Federal Grant, Coordinated Approach to Benefit Homeless Individuals (CABHI). This grant will benefit homeless youth in our area.
3. Financial Update - Andre reviewed the August 2017 Statement of Revenue and Expenditures Monthly Report.

G. NOTICES AND REMINDERS

The next scheduled board meeting is **October 26, 2017** from 3:30 p.m. until 4:30 p.m. and the meeting will be held at the Horizon Wellness Center-Langhorne Road, 2215 Langhorne Road, Lynchburg. Meetings are held in the People, Pride and Promise – Executive Conference Room on the upper level.

H. OTHER BUSINESS

There was none.

I. ADJOURNMENT

MOTION: Gary Marple made a motion to adjourn. The motion was seconded by Rob Merryman and carried by unanimous vote. The meeting was adjourned at 5:02 p.m.

Above minutes were approved at the meeting held on October 26, 2017.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP.

Respectfully submitted for Rob Merryman, Secretary

By Sandy Farmer CAP-OM, CP *Executive Assistant & Recording Secretary of the Board of Directors*