

MINUTES OF THE FEBRUARY MEETING OF THE HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS

Board Approved 4-27-17

Horizon Behavioral Health Fagan Building 2241 Langhorne Road Lynchburg, VA

February 23, 2017

PRESENT: James Borland, *Treasurer* Campbell County

Clyde Clark, Vice-Chair
Andy Crawford
Dana Koenig
Gary Marple
Rob Merryman, Secretary
William Scott
Jim Sikkema, Chair

City of Lynchburg
Bedford County
Additional Member
Campbell County
Campbell County
Bedford County

Treney Tweedy City of Lynchburg

Betty Brickhouse
Terrie Conrad
Appomattox County
Abe Loper
John Rice
Mary Lou Spiggle
Betty Wise
City of Lynchburg
Appomattox County
Additional Member
Consumer Member
Appomattox County
Amherst County

STAFF: Damien Cabezas, *Chief Executive Officer*

ABSENT:

Chris Burch, CQI Coordinator

Lauren Connors, Special Projects, Special Events & Marketing Coordinator

Leigh Farmer, Manager of Communications & PR

Sandy Farmer, *Executive Assistant*Beth Ludeman-Hopkins, *CQI Manager*Andre McDaniel, *Chief Operating Officer*Jennifer Smith-Ramey, *Program Manager*

Tecca Wright, Director of Communications & Grant Management

GUESTS: Jordan Jarrett, Student, Liberty University

Amy Trent, Reporter, News and Advance



A. INTRODUCTION

- 1. Call to Order/Welcome
 Jim Sikkema opened the meeting at 3:30 p.m.
- Moment of Silence
 A moment of silence was observed.
- 3. Adoption of the Revised Agenda

MOTION: Clyde Clark made a motion to approve the agenda as revised. The motion was seconded by William Scott and carried by unanimous vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Minutes of December 8, 2016

MOTION: Gary Marple made a motion to approve the minutes as mailed. The motion was carried by majority vote. James Borland and Andy Crawford abstained due to their absence at the December meeting.

D. COMMITTEE REPORTS

Executive Committee

MOTION: Jim Sikkema made a motion on behalf of the Executive Committee to approve the Board Policies and Procedures as mailed. The motion was carried by unanimous vote.

E. CHAIRMAN'S ITEMS

Mr. Sikkema asked everyone to keep the residents of Appomattox in your thoughts and prayers as today is the anniversary of the tornado in Appomattox.



F. CEO REPORT

<u>CEO Dashboard</u> – Damien gave a brief update from the Dashboard showing a high quality of service with quality outcomes.

<u>CARF Accredidation</u> – Damien was pleased to announce that Horizon has received a 3-year accredidation. This is so important to the communities we serve as it shows Horizon is meeting an international standard of excellence. Damien thanked the board for their support and the staff that came together as an organization for a common purpose to make this happen.

<u>Substance Use Services</u> – Horizon is involved in a major expansion of substance use services for mental health and residential services. After their recent site visit the staff from the Department of Medical Assistance Services (DMAS) were very impressed with how organized and professional our organization and staff are.

ARTS (Addiction and Recovery Treatment Services) – this initiative going on in the commonwealth shows us that a lot of lives will be saved and families united. Our longer term plans for this initiative is a low intensity program for men with a 10 bed residential facility and a substance abuse facility in Bedford. Damien expressed that it is his hope that Horizon residential substance abuse programs will be in each jurisdiction we serve.

<u>Grant Opportunity</u> - Damien introduced Horizon's Program Manager Jennifer Smith-Ramey who explained the exciting grant that Horizon has applied for to assist youth in a transitional age to help with their housing. In 2017 we added to our strategic plan to apply for more grants. If Horizon is awarded this grant it will be in the amount of 800K for three years.

Treney Tweedy arrived at 3:53 p.m.

<u>Budget</u> – Andre reviewed the handouts of the budget summaries and the financials. The March and April periods are our strongest months and we look forward to an expected favorable increase in our budget numbers.

1. Enter into Closed Session - Lease or Acquisition of Real Property



Jim Sikkema made a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

MOTION: William Scott made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Rob Merryman and carried by unanimous roll call vote as follows:

James Borland - aye	Rob Merryman - aye
Clyde Clark - aye	William Scott - aye
Andy Crawford - aye	Jim Sikkema –aye
Dana Koenig - aye	Treney Tweedy - aye
Gary Marple - aye	

NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Clyde Clark made a motion to exit out of the Closed Meeting. The motion was seconded by Treney Tweedy and carried by unanimous roll call vote as follows:

James Borland - aye	Rob Merryman - aye
Clyde Clark - aye	William Scott - aye
Andy Crawford - aye	Jim Sikkema –aye
Dana Koenig - aye	Treney Tweedy - aye
Gary Marple - aye	

MOTION: Rob Merryman made a motion to purchase the property in Lynchburg at a total cost under 700K. If the final property cost exceeds this amount the Executive Committee will meet to determine the final outcome of the purchase. The motion was seconded by Gary Marple and carried by unanimous vote.



2. Enter into Closed Session - Personnel Matter

Jim Sikkema made a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.

MOTION: Clyde Clark made a motion to enter into a Closed Meeting in order to discuss a personnel matter. The motion was seconded by Rob Merryman and carried by unanimous roll call vote as follows:

James Borland - aye	Rob Merryman - aye
Clyde Clark - aye	William Scott - aye
Andy Crawford - aye	Jim Sikkema –aye
Dana Koenig - aye	Treney Tweedy - aye
Gary Marple - aye	

NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: William Scott made a motion to exit out of the Closed Meeting. The motion was seconded by Gary Marple and carried by unanimous roll call vote as follows:

James Borland - aye	Rob Merryman - aye
Clyde Clark - aye	William Scott - aye
Andy Crawford - aye	Jim Sikkema –aye
Dana Koenig - aye	Treney Tweedy - aye
Gary Marple - aye	

No recommendation at this time.

G. NOTICES AND REMINDERS

There is no meeting scheduled for the month of March. The next scheduled board meeting is **April 27, 2017** from 2:30 p.m. until 4:30 p.m. **This meeting time is earlier**



than usual due to the required board training. The meeting will be held at the Horizon Day Treatment Center, 3410 Old Forest Road, Lynchburg.

The annual required board training will take place immediately following the board meeting.

H. OTHER BUSINESS

There was none.

I. ADJOURNMENT

MOTION: William Scott made a motion to adjourn. The motion was seconded by Gary Marple and carried by unanimous vote. The meeting was adjourned at 4:45 p.m.

Above minutes were approved at the meeting held on <u>April 27, 2017</u>.

ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP.

Respectfully submitted for Rob Merryman, Secretary

By Sandy Farmer CAP-OM, CP *Executive Assistant & Recording Secretary of the Board of Directors*