



**MINUTES OF THE DECEMBER VIRTUAL AND IN-PERSON MEETING  
OF THE  
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health  
Executive Office Conference Room  
2215 Langhorne Road  
Lynchburg, VA**

**Board  
Approved  
2-25-21**

**December 10, 2020**

**PRESENT:** Betty Brickhouse, *Secretary* City of Lynchburg Virtual Attendance  
Andy Crawford Bedford County Virtual Attendance  
Susan Hogg, *Treasurer* Campbell County Virtual Attendance  
Abe Loper Additional Member Virtual Attendance  
Rob Merryman, *Chair* Campbell County In-Person Attendance  
William Scott Campbell County Virtual Attendance  
Jim Sikkema Bedford County Virtual Attendance  
Mary Lou Spiggle, *Vice Chair* Appomattox County In-Person Attendance

**ABSENT:** Gary Marple Additional Member  
John Rice Consumer Member  
Trenay Tweedy City of Lynchburg  
Betty Wise Amherst County

**STAFF:** Damien Cabezas, *Chief Executive Officer* Virtual Attendance  
Sandy Farmer, *Executive Assistant to the CEO* In-Person Attendance  
Allen Wolfenbarger, *CFO* Virtual Attendance

**GUESTS:** None

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**A. INTRODUCTION**

1. Call to Order/Welcome

Rob Merryman opened the meeting at 3:30 p.m. Mr. Merryman welcomed all in attendance.

Sandy Farmer conducted a roll call vote for attendance:

<b>Betty Brickhouse - aye</b>	<b>Rob Merryman - aye</b>
<b>Andy Crawford - aye</b>	<b>William Scott - aye</b>
<b>Susan Hogg - aye</b>	<b>Jim Sikkema - aye</b>
<b>Abe Loper - aye</b>	<b>Mary Lou Spiggle - aye</b>

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the Agenda

**MOTION: Jim Sikkema made a motion to approve the agenda as mailed. The motion was seconded by William Scott and carried by roll call vote as follows:**

<b>Betty Brickhouse - aye</b>	<b>Rob Merryman - aye</b>
<b>Andy Crawford - aye</b>	<b>William Scott - aye</b>
<b>Susan Hogg - aye</b>	<b>Jim Sikkema - aye</b>
<b>Abe Loper - aye</b>	<b>Mary Lou Spiggle - aye</b>

**B. PUBLIC COMMENT**

There was none.

**C. MINUTES**

Consideration of the Board Meeting Minutes of October 22, 2020.

**MOTION: Secretary Betty Brickhouse made a motion to approve the board minutes as mailed. The motion was carried by roll call vote as follows:**

<b>Betty Brickhouse - aye</b>	<b>Rob Merryman - aye</b>
<b>Andy Crawford - aye</b>	<b>William Scott - aye</b>
<b>Susan Hogg - aye</b>	<b>Jim Sikkema - aye</b>
<b>Abe Loper - aye</b>	<b>Mary Lou Spiggle - aye</b>

**D. COMMITTEE REPORT – Membership, Bylaws & Board Development Committee**

On behalf of committee chair Mary Lou Spiggle, Sandy Farmer gave the following update:

1. Conduct the Annual Review of the Board Bylaws

**MOTION: Mary Lou Spiggle made a motion on behalf of the Membership, Bylaws & Board Development Committee to recommend approval of the revised Board Bylaws as submitted. The motion was carried by the following roll call vote:**

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<i>Betty Brickhouse - aye</i>	<i>Rob Merryman - aye</i>
<i>Andy Crawford - aye</i>	<i>William Scott - aye</i>
<i>Susan Hogg - aye</i>	<i>Jim Sikkema - aye</i>
<i>Abe Loper - aye</i>	<i>Mary Lou Spiggle - aye</i>

2. Nominate the Slate of Officers for the 2021 one-year term - the list of recommended officer candidates for the 2021 term was reviewed. Chris Faraldi was confirmed as an elected official representing the City of Lynchburg. Mr. Faraldi is replacing former board member Treney Tweedy.

**MOTION:** *Mary Lou Spiggle made a motion on behalf of the Membership, Bylaws & Board Development Committee to approve the submitted slate of officers for the 2021 one-year term:*

*Chair – Mary Lou Spiggle, agreed to serve*  
*Vice Chair – Rob Merryman, agreed to serve*  
*Treasurer – Gary Marple, agreed to serve*  
*Secretary – Betty Brickhouse, agreed to serve*

The motion was carried by the following roll call vote:

<i>Betty Brickhouse - aye</i>	<i>Rob Merryman - aye</i>
<i>Andy Crawford - aye</i>	<i>William Scott - aye</i>
<i>Susan Hogg - aye</i>	<i>Jim Sikkema - aye</i>
<i>Abe Loper - aye</i>	<i>Mary Lou Spiggle - aye</i>

**E. CHAIRMAN’S ITEM**

Board chair Rob Merryman thanked all board members for their support. Mr. Merryman noted that the final audit report statements will be mailed to each member in January and reminded members to add the emailed 2021 board meeting schedules to their calendars.

**F. CEO REPORT**

Damien gave a brief Horizon organizational PowerPoint update on the following items:

- Program Update – Telehealth remains strong as evidenced by Horizon providing 70% of services virtually and 30% in person. Clinical services have continued at a pace at or above pre-COVID volume.
- Avaya VOIP Phone System Project
  - Project started in June 2020
  - November 9 -11, 2020 – installed 500 phones
  - November 19, 2020 – successfully brought up the first location at the Horizon Wellness Center in Concord
  - Overall project completion is at 80%
  - Estimated project completion date is March 2021

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- Financial Update – the October results exceeded expectations. Damien reported that staff were given an end of the year bonus for their hard work and dedication to the Horizon mission. This bonus did not include Damien and he reported how proud he is of the Horizon staff especially during this pandemic.

**G. FINANCIAL REPORT**

Allen reviewed the October 2020 Year to Date Statement of Revenue and Expenditures Monthly Report.

**H. NOTICES AND REMINDERS**

The next scheduled meeting of the Horizon Board of Directors will be **Thursday, February 25, 2021 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held virtually and in-person at the Horizon Wellness Center, 2215 Langhorne Road, in the Executive Office Conference Room, Lynchburg.

The Executive Committee meeting will take place prior to the board meeting to conduct the annual review of the Board Policies and Procedures.

**I. OTHER BUSINESS**

There was no other business.

**J. ADJOURNMENT**

***MOTION: Susan Hogg made a motion to adjourn. The motion was seconded by Jim Sikkema and carried by roll call vote as follows:***

<b><i>Betty Brickhouse - aye</i></b>	<b><i>Rob Merryman - aye</i></b>
<b><i>Andy Crawford - aye</i></b>	<b><i>William Scott - aye</i></b>
<b><i>Susan Hogg - aye</i></b>	<b><i>Jim Sikkema - aye</i></b>
<b><i>Abe Loper - aye</i></b>	<b><i>Mary Lou Spiggle - aye</i></b>

***The meeting was adjourned at 4:22 p.m.***

***Above minutes were approved at the meeting held on February 25, 2021.***

***ATTEST: Recording Secretary, Sandy Farmer CAP-OM, CP***

***Respectfully submitted for Betty Brickhouse, Secretary***

***By Sandy Farmer CAP-OM, CP, Executive Assistant to the CEO & Recording Secretary of the Board of Directors***