



**MINUTES OF THE FEBRUARY IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room
2215 Langhorne Road
Lynchburg, VA**

February 26, 2026

Board Approved 4-23-2026

PRESENT:	Betty Brickhouse, <i>Chair</i>	City of Lynchburg	In-Person Attendance
	Atul Gupta	City of Lynchburg	In-Person Attendance
	Rob Merryman	Campbell County	In-Person Attendance
	Bobby Shiflett	Amherst County	In-Person Attendance
	Jim Sikkema, <i>Secretary</i>	Bedford County	In-Person Attendance
	Mary Lou Spiggle, <i>Treasurer</i>	Additional Member	In-Person Attendance
	Justin Stauder	Bedford County	In-Person Attendance

ABSENT:	Sonya Baker	City of Lynchburg
	Kenny Brown	Campbell County
	Chris Faraldi, <i>Vice Chair</i>	City of Lynchburg

STAFF:	Melissa Lucy	Chief Executive Officer	In-Person Attendance
	Sandy Farmer	Executive Assistant to CEO	In-Person Attendance
	Justin Hamm	Director of IT	In-Person Attendance
	Matt Hartsook	Chief Financial Officer	In-Person Attendance

ABSENT: None

GUESTS: None

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A. INTRODUCTION

1. Call to Order/Welcome

Board Chair Betty Brickhouse opened the meeting at 3:30 p.m. and welcomed all in attendance. Mrs. Brickhouse also welcomed one of Horizon’s newest board members, Atul Gupta representing The City of Lynchburg. Betty stated that you will find we have a very knowledgeable, dedicated, friendly and engaged Board of Directors.

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the Agenda

MOTION: Justin Stauder made a motion to approve the agenda as mailed. The motion was seconded by Jim Sikkema and carried by majority vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of December 11, 2025

MOTION: Rob Merryman made a motion to approve the board minutes as mailed. The motion was seconded by Mary Lou Spiggle and carried by majority vote.

D. DEPARTMENT PRESENTATION / BOARD TRAINING

Cybersecurity: Protecting Horizon’s Mission – Justin Hamm, Horizon IT Director

Melissa Lucy introduced Justin Hamm and Mrs. Brickhouse thanked Justin for his informative presentation. Mrs. Brickhouse stated that we know with you on board we are a safer and smarter organization.

D. COMMITTEE REPORTS

Executive Committee

Committee Chair Betty Brickhouse asked Sandy Farmer to give the report out of the committee meeting. Mrs. Farmer noted that on behalf of the Executive Committee members there were no recommended changes to the Board Policies and Procedures as mailed.

MOTION: Justin Stauder made a motion to approve the Board Policies and Procedures as presented, the motion was seconded by Mary Lou Spiggle and was approved by roll call vote as follows:

Betty Brickhouse – aye	Jim Sikkema - aye
Atul Gupta – aye	Mary Lou Spiggle - aye
Rob Merryman - aye	Justin Stauder - aye
Bobby Shiflett - aye	

E. CHAIRMANS ITEMS

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There was none.

Rob Merryman left at 4:00 p.m.

F. CEO ITEMS

Melissa Lucy

1. Closed Session – Real Estate Matter

Read by Recording Secretary

I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

MOTION: Justin Stauder made a motion to enter the closed session, the motion was seconded by Mary Lou Spiggle and carried by roll call vote as follows:

<i>Betty Brickhouse – aye</i>	<i>Jim Sikkema - aye</i>
<i>Atul Gupta – aye</i>	<i>Mary Lou Spiggle - aye</i>
<i>Bobby Shiflett - aye</i>	<i>Justin Stauder - aye</i>

We are now in closed session.

Exit out of Closed Session - Read by Recording Secretary – *Now therefore be it resolved, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.*

MOTION: Mary Lou Spiggle made a motion to exit out of the closed session, the motion was seconded by Justin Stauder and carried by roll call vote as follows:

<i>Betty Brickhouse – aye</i>	<i>Jim Sikkema - aye</i>
<i>Atul Gupta – aye</i>	<i>Mary Lou Spiggle - aye</i>
<i>Bobby Shiflett - aye</i>	<i>Justin Stauder - aye</i>

We are now in Open Session. No Recommendation at this time.

2. Closed Session – Personnel Matter

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.

MOTION: Justin Stauder made a motion to enter the closed session, the motion was seconded by Bobby Shiflett and carried by roll call vote as follows:

<i>Betty Brickhouse – aye</i>	<i>Jim Sikkema - aye</i>
<i>Atul Gupta – aye</i>	<i>Mary Lou Spiggle - aye</i>
<i>Bobby Shiflett - aye</i>	<i>Justin Stauder - aye</i>

We are now in closed session.

Exit out of Closed Session - Read by Recording Secretary – *Now therefore be it resolved, that the Board of Directors hereby certifies that, to the best of each members knowledge,*

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(i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Justin Stauder made a motion to exit out of the closed session, the motion was seconded by Bobby Shiflett and carried by roll call vote as follows:

Betty Brickhouse – aye	Jim Sikkema - aye
Atul Gupta – aye	Mary Lou Spiggle - aye
Bobby Shiflett - aye	Justin Stauder - aye

We are now in Open Session. No Recommendation at this time.

G. FINANCIAL REPORT

Matt Hartsook

Matt Hartsook, CFO, reviewed the January FY26 Statement of Revenue and Expenditures Financial Report.

H. NOTICE AND REMINDERS

The next scheduled In-Person Meeting of the Board of Directors will take place **Thursday, April 23, 2026** from 3:30 p.m. until 4:30 p.m.

The **Finance Committee** is scheduled to meet in April from 2:45 p.m. until 3:15 p.m.

Members are: - Mary Lou Spiggle – Chair, Betty Brickhouse, Chris Faraldi, Bobby Shiflett, Jim Sikkema

I. OTHER BUSINESS

There was no additional business.

J. ADJOURNMENT

MOTION: *Jim Sikkema made a motion to adjourn. The motion was seconded by Bobby Shiflett and carried by majority vote.*

The meeting was adjourned at 4:30 p.m.