



**MINUTES OF THE FEBRUARY IN-PERSON MEETING
OF THE
HORIZON BEHAVIORAL HEALTH BOARD OF DIRECTORS**

**Horizon Behavioral Health
Triple P Conference Room
2215 Langhorne Road
Lynchburg, VA**

February 27, 2025

Board Approved 12-12-24
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PRESENT:	Sonya Baker Betty Brickhouse, <i>Chair</i> Chris Faraldi, <i>Vice Chair</i> Rob Merryman Jim Sikkema, <i>Secretary</i> Mary Lou Spiggle, <i>Treasurer</i> Justin Stauder	City of Lynchburg City of Lynchburg City of Lynchburg Campbell County Bedford County Additional Member Bedford County	In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance In-Person Attendance
ABSENT:	Bobby Shiflett Tom Lawton	Amherst County Campbell County	
STAFF:	Melissa Lucy Sandy Farmer Matt Hartsook	Chief Executive Officer Executive Assistant to CEO Chief Financial Officer	In-Person Attendance In-Person Attendance In-Person Attendance
ABSENT:	None		
GUESTS:	None		

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A. INTRODUCTION

1. Call to Order/Welcome

Chair Betty Brickhouse opened the meeting at 3:30 p.m. and welcomed all in attendance.

2. Moment of Silence

A moment of silence was observed.

3. Adoption of the Agenda

MOTION: Sonya Baker made a motion to approve the revised agenda as presented. The motion was seconded by Jim Sikkema and carried by majority vote.

B. PUBLIC COMMENT

There was none.

C. MINUTES

Consideration of the Board Meeting Minutes of December 12, 2024.

MOTION: Sonya Baker made a motion to approve the board minutes as mailed. The motion was seconded by Jim Sikkema and carried by majority vote.

D. DEPARTMENT PRESENTATION / BOARD TRAINING – CRC Update

Melissa Lucy, CEO introduced AJ Harold and his involvement in the CRC project to date. Alva (AJ) Harold, Horizon Behavioral Health Senior Portfolio Director gave a brief presentation update on the Horizon Crisis Receiving Center (CRC) progress update and layout. Mrs. Brickhouse thanked Mr. Harold for his informative presentation.

E. COMMITTEE REPORT – Executive Committee

The Executive Committee met prior to the board meeting to conduct the annual review of the Board Policies and Procedures and recommended the following motion:

MOTION: Betty Brickhouse made a motion on behalf of the Executive Committee to the full board to approve the Horizon Behavioral Health Board Policies and Procedures as mailed. The motion was approved by unanimous vote.

F. CHAIRMAN'S ITEMS

None at this time.

G. CEO ITEMS

Enter into Closed Session – Lease or Acquisition of Real Property

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.3 of the Code of Virginia in order to discuss the lease or acquisition of real property.

MOTION: Sonya Baker made a motion to enter into a Closed Meeting in order to discuss the lease or acquisition of real property. The motion was seconded by Mary Lou Spiggle and carried by roll call vote as follows:

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Sonya Baker – aye	Jim Sikkema – aye
Betty Brickhouse – aye	Mary Lou Spiggle – aye
Chris Faraldi – aye	Justin Stauder – aye
Rob Merryman - aye	

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

MOTION: Rob Merryman made a motion to exit out of the Closed Meeting. The motion was seconded by Mary Lou Spiggle and carried by roll call vote as follows:

Sonya Baker – aye	Jim Sikkema – aye
Betty Brickhouse – aye	Mary Lou Spiggle – aye
Chris Faraldi – aye	Justin Stauder – aye
Rob Merryman - aye	

MOTION: Sonya Baker made a motion on approve the sale of the Horizon Behavioral Health property at 101 Avoca Lane, Altavista, Virginia in Campbell County. The motion was seconded by Chris Faraldi and carried by unanimous vote.

Enter into Closed Session – Personnel Matter

Read by Recording Secretary - I make a consideration to enter into a Closed Meeting according to Section 2.2-3711.A.1 of the Code of Virginia in order to discuss a personnel matter.

MOTION: Chris Faraldi made a motion to enter into a Closed Meeting in order to discuss a personnel matter. The motion was seconded by Sonya Baker and carried by roll call vote as follows:

Sonya Baker – aye	Jim Sikkema – aye
Betty Brickhouse – aye	Mary Lou Spiggle – aye
Chris Faraldi – aye	Justin Stauder – aye
Rob Merryman - aye	

Exit out of Closed Session

Read by Recording Secretary - NOW THEREFORE, BE IT RESOLVED, that the Board of Directors hereby certifies that, to the best of each members knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the closed meeting to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board of Directors of Horizon Behavioral Health.

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MOTION: *Chris Faraldi made a motion to exit out of the Closed Meeting. The motion was seconded by Sonya Baker and carried by roll call vote as follows:*

<i>Sonya Baker – aye</i>	<i>Jim Sikkema – aye</i>
<i>Betty Brickhouse – aye</i>	<i>Mary Lou Spiggle – aye</i>
<i>Chris Faraldi – aye</i>	<i>Justin Stauder – aye</i>
<i>Rob Merryman - aye</i>	

No recommendation at this time.

CEO items continued:

-Horizon Annual Appeal Campaign – Horizon is preparing distribution of an annual appeal to solicit donations to benefit residents of our Horizon Homes. The goal is to raise \$170,000.00 to purchase a wheelchair-accessible, 9-passenger raised-roof van. Thanks to generous supporters in FY2024, we have so far raised approximately \$10,763 in 2024 to get us closer to this goal. This FY2025 Annual Appeal Campaign will include a direct-mail appeal letter distribution to 550 community supports /partners, e-distribution to more than 1500 local contacts, an e-pay feature on horizon Opportunities website, a GoFundMe campaign, and social media content highlighting our cause throughout the month of March in honor of Developmental Disabilities Awareness Month.

-Make America Healthy Again – A SAMSHA (Substance Abuse & Mental Health Services) Grants Officer informed us that Horizon Behavioral Health was selected for the distinguished 5-year TREE Grant (Enhancement and Expansion of Treatment and Recovery Services for Adolescents, Transitional Aged Youth, and their Families) a SAMSHA-funded initiative aimed at providing comprehensive, evidence-based support for youth ages 12-25 struggling with substance use disorders (SUDs) and co-occurring mental health challenges. The project period is 06/30/2023 – 06/29/2028. The total amount of funding is \$2,723,952. This is a distinguished honor among the National Grantees to have been awarded this Grant.

H. FINANCIAL REPORT

Matt Hartsook reviewed the January 2025 Statement of Revenue and Expenditures Monthly Report.

I. NOTICES AND REMINDERS

The next scheduled meeting of the Horizon Board of Directors will be **April 24, 2025 from 3:30 p.m. until 4:30 p.m.** and the meeting will be held in-person at the Horizon Wellness Center, Triple P Conference Room, 2215 Langhorne Road, Lynchburg.

The Finance Committee is scheduled to meet prior to the April Board Meeting **from 2:45 p.m. until 3:15 p.m.** to conduct the annual budget review. Members are: Mary Lou Spiggle-Chair, Chris Faraldi, Bobby Shiflett, Jim Sikkema and Betty Brickhouse.

I. ADJOURNMENT

MOTION: *In honor of Gary Marple, Chris Faraldi made a motion to adjourn. The motion was seconded by Sonya Baker and carried by majority vote.*

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The meeting was adjourned at 4:22 p.m.